Autumn/Winter Menu Week 2

26th Oct, 16th Nov, 7th Dec, 11th Jan, 1st & 22nd Feb, 15th March

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
Main Meal	**All Day Breakfast:** Pork Sausage, Scrambled Egg & Herby Potatoes with Seasonal Vegetables & Baked Beans	Spaghetti Bolognese with Seasonal Vegetables	Roast Gammon & Yorkshire Pudding served with Roast Potatoes, Seasonal Vegetables and Gravy	Mixed Vegetable Pizza with Baked Potato Wedges & Seasonal Vegetables	Fish Fingers & Chips served with Seasonal Vegetables & Baked Beans
Vegetarian Main Meal	**All Day Breakfast:** Vegan Quorn Sausage, Scrambled Egg & Herby Potatoes served with Seasonal Vegetables & Baked Beans	Plant-based Spaghetti Bolognese with Seasonal Vegetables VG	Quorn Grill & Yorkshire Pudding served with Roast Potatoes, Seasonal Vegetables and Gravy	Margherita Pizza with Baked Potato Wedges & Seasonal Vegetables	Crispy Vegetable Fingers & Chips served with Seasonal Vegetables & Baked Beans VG
Pasta	Tomato & Basil Pasta VG	Cheese Pasta	Cheese Pasta	Tomato & Basil Pasta VG	Cheese Pasta
Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans
Dessert	Shortbread Biscuit & Fresh Fruit Slices VG	Chocolatey Orange Fudge Cake	Fruit Jelly with Fresh Fruit Slices VG	Lemon Drizzle Cake & Custard	Chocolatey Oaty Slice VG

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg | Source of wholegrain | Contains plant-based proteins | 50% fruit | Oily fish | Vegan VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.