Autumn/Winter Menu Week 1

9th & 30th Nov, 21st Dec, 4th & 25th Jan, 15th Feb, 8th & 29th March

WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
Main Meal	Pork Sausage and Bean Pasta Bake served with Garlic Bread & Seasonal Vegetables	BBQ Chicken with Mixed Wholegrain and White Rice & Seasonal Vegetables	Roast Chicken & Stuffing served with Roast Potatoes, Seasonal Vegetables and Gravy	Sausage & Sweetcorn Pizza served with Baked Potato Wedges & Seasonal Vegetables	Fish Fingers & Chips served with Seasonal Vegetables & Baked Beans
Vegetarian Main Meal	Vegetable Sausage and Bean Pasta Bake served with Garlic Bread & Seasonal Vegetables	BBQ Vegetables with Mixed Wholegrain and White Rice & Seasonal Vegetables	Quorn Grill & Stuffing served with Roast Potatoes, Seasonal Vegetables and Gravy	Margherita Pizza served with Baked Potato Wedges & Seasonal Vegetables	Cheesy Bean Wholemeal Pitta with Peas & Baked Beans
Pasta	Tomato & Basil Pasta VG	Cheese Pasta	Cheese Pasta	Tomato & Basil Pasta VG	Cheese Pasta
Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo, Cheese, Salmon Mayo, or Beans
Dessert	Chocolatey Cornflake Crispy Cake VG	Gingerbread Cookie & Fresh Fruit Slices	Fruit Jelly & Fresh Fruit Slices VG	Marble Sponge & Custard	Chocolate Brownie

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg | Source of wholegrain | Contains plant-based proteins | 50% fruit | Oily fish | Vegan VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.